



Spaulding Lunch Menu

January 2023

2

No School

3

Bosco Sticks w/ Marinara Sauce

Ham & Cheese Grinder
Caesar Salad w/ a roll
Corn

4

French Toast Sticks & Sausage

Ham & Cheese Grinder
Caesar Salad w/ a roll
Hash Browns

5

Hamburger

Ham & Cheese Grinder
Caesar Salad w/ a roll
Tater Tots

6

Pepperoni or Cheese Pizza

Ham & Cheese Grinder
Caesar Salad w/ a roll
Broccoli

9

Chicken Nuggets

Turkey & Cheese
Sandwich
Popcorn Chicken Salad
w/ a Roll
Corn

10

Mac and Cheese

Turkey & Cheese
Sandwich
Popcorn Chicken Salad
w/ a Roll
Broccoli

11

Waffles & Sausage

Turkey & Cheese
Sandwich
Popcorn Chicken Salad
w/ a Roll
Apple Sauce

12

Pepperoni or Cheese Pizza

Turkey & Cheese
Sandwich
Popcorn Chicken Salad
w/ a Roll
Mixed Vegetables

13

Early Release

16

No School

17

Pasta with Meat Sauce

Ham and Cheese
sandwich
Chef Salad & a Roll
Broccoli

18

French Toast & Sausage

Ham and Cheese
sandwich
Chef Salad & a Roll
Hash Browns

19

Hot Dog

Ham and Cheese
Sandwich
Chef Salad & a Roll
French Fries

20

Pepperoni or Cheese Pizza

Ham and Cheese
Sandwich
Chef Salad & a Roll
Green Beans

23

Sloppy Joe

Turkey & Cheese
Sandwich
Sandwich Italian Salad
w/ Ham & a Roll
Tater Tots

24

Chicken Patty Sandwich

Turkey & Cheese
Sandwich
Italian Salad w/ Ham &
a Roll
Carrots

25

Waffles & Sausage

Turkey & Cheese
Sandwich
Italian Salad w/ Ham &
a Roll
Apple Sauce

26

Chicken Quesadilla

Turkey & Cheese
Sandwich
Italian Salad w/ Ham &
a Roll
Green Beans

27

Pepperoni or Cheese Pizza

Turkey & Cheese
Sandwich
Italian Salad w/ Ham &
a Roll
Mixed Vegetables

30

Popcorn Chicken Bowl

Ham & Cheese Grinder
Caesar Salad w/ a roll
Corn

31

Corn Dog

Ham & Cheese Grinder
Caesar Salad w/ a roll
Mixed Vegetables

1

French Toast & Sausage

Ham & Cheese Grinder
Caesar Salad w/ a roll
Hash Browns

2

Toasted Cheese Sandwich

Ham & Cheese Grinder
Caesar Salad w/ a roll
Tater Tots

3

Pepperoni or Cheese Pizza

Ham & Cheese Grinder
Caesar Salad w/ a roll
Broccoli

Available Daily:

Sunbutter & Jelly Sandwiches, Bagel Fun Lunches, Asst
Fruits & Veggies, 1% Milk, Chocolate, Skim or Soy Milk,
Asst Snacks

Cookies and Ice Cream Fridays only

Lunch includes entrée, milk, veggies, and/or fruit.

If your child receives free or reduce lunch,
then they also qualify for free or reduce
breakfast.